



**Land Trust of North Alabama** is a nonprofit organization that preserves natural lands and resources in 10 counties of North Alabama. Over 7,000 acres have been protected and over 70 miles of trails are available for the public to enjoy. The Land Trust also offers environmental education programs and guided hikes to foster an appreciation for the natural world. Membership and event information can be found at [landtrustna.org](http://landtrustna.org).

**Facebook, Instagram, & Twitter:**  
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**Trails are open dawn to dusk.**  
Please, no motorized vehicles, camping, hunting, fires, rappelling or plant removal. Pets must be on leads.

What natural treasures will you find?

Go for a treasure hunt on the Wildflower Trail



As you hike, look for the following treasures.

Can you find them all?

### 1 Salamanders

Alabama has over 40 species of salamanders! They are valuable indicators of a healthy environment and can often be found near the creek and moist areas of this trail from spring until late fall.

### 2 Toads and Frogs

Alabama's 30 species of toads and frogs all start life as tadpoles, behaving like fish that breathe through gills and swim in water until they are fully grown. In the spring you can count on finding tadpoles here in the creek!

### 3 Wildflowers

This trail is known for the variety of wildflowers. When exploring in the spring, you will surely find: Shooting Stars—You can't miss these beauties near moist areas of the trail! These brilliant white flowers with bent back petals really do resemble shooting stars!

Yellow Trillium—Trillium has yellowish blooms and gets its name from its three leaves. If you get very close, you can smell its lemony scent.

### 4 Sink Holes and Caves

There are over 4,200 known caves in Alabama, and many of these are here in North Alabama. The caves and sinkholes provide rich habitats for fish, salamanders, bats, and even cave shrimp.

### 5 Snakes

Alabama has around 42 types of snakes; only 6 are known to be venomous. You might see one before it scurries away. If you're lucky, you might find a snake skin (snakes shed their skin as they grow) or even snake eggs. Look but don't touch!

### 6 Fossils

Monte Sano has fossils of plant and animals that lived in the shallow seas which covered North Alabama millions of years ago. Fossils found near the creek are crinoid sea lily stalks which have been called "Indian Money."

### Did you know?

The state of Alabama is 4th in the United States in terms of biodiversity, or variety among and within plant and animal species in an environment.

Turn the page and find a **treasure map**. Use the map to find all the natural treasures on the Wildflower Trail!

# Wildflower Trail treasure map

Can you find all the natural treasures on the Wildflower/Alms House Trail Loop? What treasures not on the list can you find?



## Key

	Salamanders		Shooting Star
	Fossils		Sink Hole
	Trillium		Snake Eggs
	Tadpoles		Land Snails
	Raccoon Tracks		